



# honesty

## ✿ HONESTY BREAKFAST ✿

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**PORRIDGE** ..... 2.95  
*Served with Honesty seed granola and honey.*

**FRENCH PASTRIES** ..... FROM 1.70  
*All freshly made by humans in our Honesty Bakery.*

**BACON ROLL** ..... 2.95  
*Crispy streaky bacon in a white bap. Try one with our own ketchup or brown sauce.*

**SMOOTHIE OF THE DAY** ..... 3.75  
*Made with fresh ingredients using no refined sugars.*

### TOASTED SANDWICHES ... 4.95

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*Made using sourdough bread with cheese friendly fillings.*



### HONESTY SANDWICHES, PANINI & STUFFED PITTAS

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*Choose from a daily selection of bread embraced fillings.*

## ✿ HONESTY LUNCH ✿

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**WARM & HEARTY** ..... 6.50  
*Our hot dishes change regularly and are made in our kitchen using fresh, primary produce. Look out for meatballs, curry, lentil stew, just some of the dishes we do.*

**SARDINES ON GARLIC TOAST** ..... 5.75  
*Portuguese sardines served on our toasted garlic sourdough.*

**SOUP OF THE DAY** ..... 4.50  
*Made in our Honesty Kitchen using good, seasonal ingredients.*



### HOT MEAT OR VEGETABLE PIES, PASTIES OR SAUSAGE ROLLS

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*Handmade pastry encasing good ingredients and quality meat.*



### HONESTY SALADS

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*Our salads change regularly but they are all made daily with fresh ingredients.*

*Some of our dishes are vegan friendly so please enquire with our staff.*