



# honesty

## ❁ HONESTY BREAKFAST ❁

PORRIDGE .....	2.95
<i>Served with Honesty seed granola &amp; honey.</i>	
COOKED BREAKFAST .....	0.00
<i>Bacon, sausage &amp; egg with toast.</i>	
BACON ROLL .....	2.95
<i>Crispy streaky bacon in a white bag. Try one with our own ketchup or brown sauce.</i>	
SCRAMBLED EGG ON TOAST .....	0.00
BOSTON BEANS ON TOAST .....	0.00
TOASTED SOURDOUGH WITH SPICED AVOCADO BUTTER AND POACHED EGG .....	0.00
TOASTED TEACAKE .....	0.00
MUFFINS .....	0.00
FRENCH PASTRIES .....	FROM 1.70
<i>All freshly made by humans in our bakery.</i>	
SMOOTHIE OF THE DAY .....	3.75
<i>Made with fresh ingredients using no refined sugars.</i>	



### HONESTY SANDWICHES, PANINI & STUFFED PITTAS

*Choose from a daily selection of bread embraced fillings.*

### TOASTED SANDWICHES ... 4.95

*Made using sourdough bread with cheese friendly fillings.*

## ❁ HONESTY LUNCH ❁

WARM & HEARTY .....	6.50
<i>Our hot dishes change regularly and are made in our kitchen using fresh, primary produce. Look out for meatballs, curry, lentil stew, just some of the dishes we do.</i>	
SARDINES ON GARLIC TOAST .....	5.75
<i>Portuguese sardines served on our toasted garlic sourdough.</i>	
SOUP OF THE DAY .....	4.50
<i>Made in our Honesty Kitchen using good, seasonal ingredients.</i>	
BURGER .....	0.00



### HOT MEAT OR VEGETABLE PIES, PASTIES OR SAUSAGE ROLLS

*Handmade pastry encasing good ingredients & quality meat. Our pies are served with a portion of mushy peas.*



### HONESTY SALADS

*Our salads change regularly but they are all made daily with fresh ingredients.*

*Some of our dishes are vegan friendly so please enquire with our staff.*